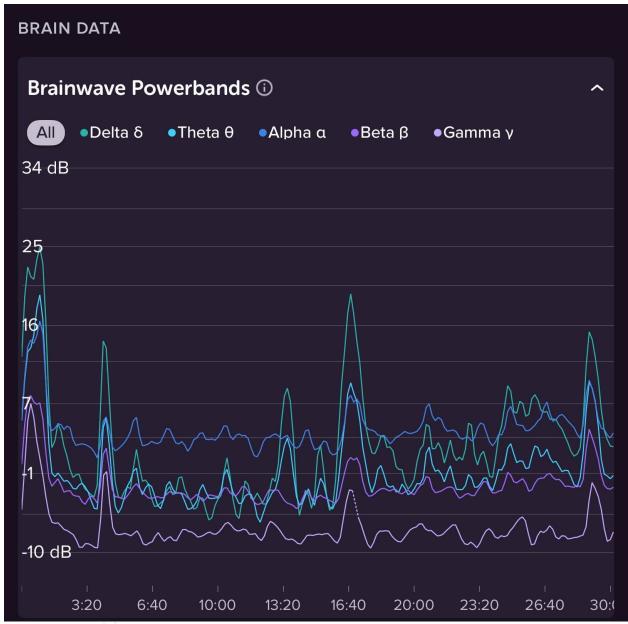
Nei Qi Gong Fu - Level 5 Exercise - Muse S Athena Researcher: J.E. Hardee Public Version 2025

This document displays a sample set of Muse S Athena Brainwave Powerbands screenshots from one exercise over time of one Taoist Inner Alchemy teaching group. Researchers are invited to contact J.E. (Jeff) Hardee at wyrdenergeticarts@gmail.com for discussion, collaboration, or usage of data.

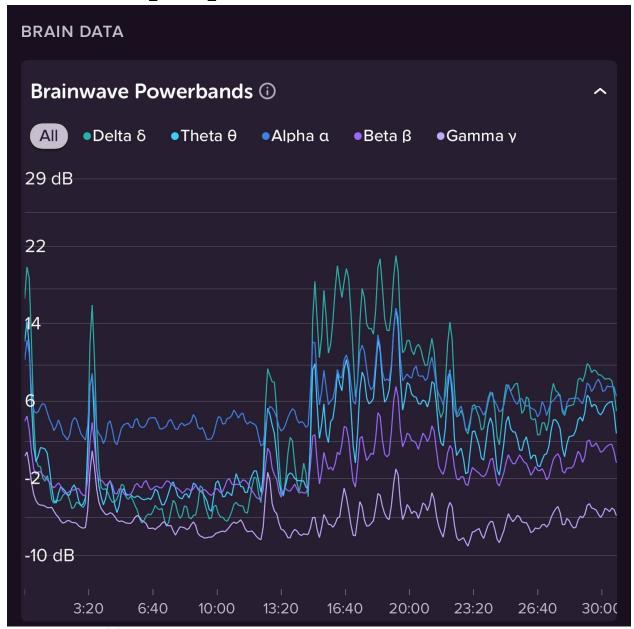
Practitioner: J.E. (Jeff) Hardee

Exercise: This exercise is done standing for approximately 30 minutes (5 separate static exercises for 5 minutes each with an opening and a closing activity). Areas of study on the exercise include the physical aspect, the placement of awareness, the concentration involved, and any energetic phenomena as reflected in the data.

NQGF LvI 5 Exercise_5-16-25_2046



NQGF LvI 5 Exercise_5-19-25_1702



NQGF LvI 5 Exercise_5-20-25_1931

